



**SOUTH PERTH
COUNSELLING &
PSYCHOLOGICAL
SERVICES**

CLINIC LOCATIONS

Inglewood Online
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ABN: 57247435538

SOUTH PERTH COUNSELLING & PSYCHOLOGICAL SERVICES

Immediate Patient Capacity & Practitioner Availability - August 2026

PRACTICE OVERVIEW

South Perth Counselling & Psychological Services provides evidence-based, compassionate mental health support for adults. We prioritise rapid intake and closed-loop communication with referring General Practitioners.

OUR CLINICAL COMMITMENT TO REFERRING GPs

- **ZERO WAITLIST:** New clients contacted within 24–48 hours of referral receipt.
- **CLOSED-LOOP REPORTING:** Brief reporting letters returned to the referring GP following Session 1 (Initial Assessment & Plan) and Session 6 (Progress Review).
- **MEDICARE MHCP & PRIVATE:** Bulk claiming handled on site. Rebates processed directly.

PRACTITIONER AVAILABILITY & AREAS OF PRACTICE

TESS THOLSTRUP | Senior Psychologist

- Availability: Thursdays (In Person & Telehealth)
- Clinical Focus: Adult & Adolescent Mental Health, Complex Trauma, Anxiety & Depression, ADHD and Autism, Stress & Burnout, Grief & Loss, Life Transitions.
 - Modalities: CBT, ACT, Schema-Informed Therapy, Mindfulness, Diagnostic & Medico-Legal Reports.

DR ANNE BECKER | Senior Psychologist

- Capacity: Specialised Intake & Reports Only (By Direct Enquiry)
- Clinical Focus: Culturally Attuned Therapy (Exclusively Japanese Speaking) & Comprehensive Diagnostic / Medico-Legal Reports.
 - Modalities: CBT, ACT, Solution-Focused Therapy, Culturally Responsive Frameworks.
- Referral Note: To refer a Japanese speaking therapy client or request a formal report, please contact reception directly.

HOW TO REFER A PATIENT

Please address Mental Health Care Plans (MHCP) or general referrals to "South Perth Counselling & Psychological Services" or specific practitioners above.

- Medical Objects / HealthLink: Search "South Perth Counselling & Psychological Services"
 - Direct Email: reception@southperthcounselling.com.au
 - Practice Fax: (08) 9232 0696
 - Phone Enquiries: (08) 9450 1996
- Practice Address: The Inspiration Space, 162/985 Beaufort St, Inglewood WA 6052 (Servicing South Perth, Inglewood, and broader Perth via Telehealth)